

00094 | Scheff Foods | 12-320g

Scheff Foods Black Bean Jambalaya

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Description

Legal Product Name	Black Bean Jambalaya
Brand Name	Scheff Foods
Country of Origin	United Kingdom

Ingredients

Ingredients	Cooked Rice (33%) (Contains: Water), Onion, Tomato, Cooked Black Turtle Beans (8%) (Contains: Water), Red Pepper, Sweet Potato, Rapeseed Oil, CELERY, Tomato Puree, Roasted Okra (Contains: Rapeseed Oil), Garlic Puree, White Wine Vinegar, Yeast Extract (Contains: Salt), Sugar, Cajun Seasoning (Contains: Salt, Paprika, Onion Powder, Cayenne Pepper, Garlic Powder, Cumin, Pepper, Thyme, Chilli, Oregano), Salt, Ginger Puree, Spices, Herbs, Acid E330
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	12
Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	565 kJ
Energy (Kilocalories)	135 kcal
Fat, Total	6.1 g
Saturated	0.5 g
Carbohydrate	16.8 g
Sugars	3.1 g
Dietary Fibre, Total	1.9 g
Protein, Total	2.7 g
Salt	0.718 g
Sodium	287 mg

Allergens

Cereals containing Gluten (and products thereof)	Does NOT Contain
Wheat (as an ingredient)	Does NOT Contain
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	May Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Contains
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	Yes
Suitable for Vegetarian	Yes
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	None
Does any other assurance scheme apply to this product?	No assurance scheme

Preparation Suggestions

Is the product ready to eat?	NA
Reconstitution Instructions	N/A
Oven	NA
Oven From Frozen	NA
Microwave Instructions	From Frozen (1900 Watt Microwave), remove from tray and place on a serving dish. Defrost for 6 minutes. Reheat on full power for 2 minutes. Ensure the product is thoroughly heated before serving.
Fry	NANANA
Grill	NA
Other	NANANA

Packaging

Do you have any packaging environmental claims?

No environmental packaging claim