

01485 | Everyday Favourites | 2.5kg

Everyday Favourites Mashed Potato

High Convenience Quality And Quick Cooked Mashed Potatoes Providing Perfect Portion Control

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Description

Legal Product Name	Plain Mashed Potato
Unique Marketing Statement	High Convenience Quality And Quick Cooked Mashed Potatoes Providing Perfect Portion Control
Brand Name	Everyday favourites
Country of Origin	Belgium

Ingredients

Ingredients	Potato (91%), Whole MILK (7%), Unsalted Butter (MILK) (2%), Salt, Pepper.
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	25
Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	416 kJ
Energy (Kilocalories)	99 kcal
	2.2 g
	1.2 g
Carbohydrate	16.8 g
Sugars	0.5 g
Dietary Fibre, Total	2.5 g
Protein, Total	1.7 g
Salt	0.43 g
Sodium	193 mg

Allergens

Cereals containing Gluten (and products thereof)	Does NOT Contain
Wheat (as an ingredient)	Does NOT Contain
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Contains
Tree Nuts (and products thereof)	Does NOT Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	No
Suitable for Vegetarian	Yes
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	None
Does any other assurance scheme apply to this product?	No assurance scheme

Preparation Suggestions

Is the product ready to eat?	No
Microwave Instructions	Microwave:- 1100W Put the preferred quantity of mashed potato in a microwave suitable dish and cover with lid or microwaveable film. Stir the product half way through cooking time and after cooking.
Other	Pan - Medium heat 12 mins., Put the the preferred quantity in the frying pan (up to 500g) and add 5 tablespoons of water. Cook for time stated above, turning regularly. Ensure food is piping hot throughout before serving.

Packaging

Do you have any packaging environmental claims?	Recyclable
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