

01623 | Everyday Favourites | 1kg

Diced Onions

Easy And Convenient To Use

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Description

Legal Product Name	Diced Onions
Unique Marketing Statement	Easy And Convenient To Use
Brand Name	Everyday Favourites
Country of Origin	Belgium

Ingredients

Ingredients	Onions
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	12
Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	177 kJ
Energy (Kilocalories)	42 kcal
	0.2 g
	0 g
Carbohydrate	7.8 g
Sugars	5.5 g
Dietary Fibre, Total	1.8 g
Protein, Total	1.3 g
Salt	0.008 g
Sodium	3 mg

Allergens

Cereals containing Gluten (and products thereof)	Does NOT Contain
Wheat (as an ingredient)	Does NOT Contain
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	Yes
Suitable for Vegetarian	Yes
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Does any other assurance scheme apply to this product?	No assurance scheme

Preparation Suggestions

Is the product ready to eat?	No
Fry	Shallow fry - Medium heat - 2-3 mins. Preheat 1-2 tablespoons of vegetable oil in a frying pan, add diced onions and cook for time stated above, stirring well.
Other From Frozen	Boil - High heat reducing down to low - 2 mins. Add diced onions to boiling water. Cover, return to boil then simmer for time stated above. Drain well before serving.

Packaging

Do you have any packaging environmental claims?	Recyclable
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