

04057 | Kitchen Range Foods | 1Kg

Kitchen Range Vegetable Nuggets Av 50 per kg

Vegetables with seasoning in a crisp breadcrumb

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Description

Legal Product Name	KITCHEN RANGE VEGETABLE NUGGETS
Unique Marketing Statement	Vegetables with seasoning in a crisp breadcrumb
Brand Name	Vegetable Nuggets
Country of Origin	United Kingdom

Ingredients

Ingredients	Vegetables 49%, (In varying proportions: Carrot, Green Beans, Cauliflower, Sweetcorn), Wheat Flour, Water, Vegetable Oil, Dehydrated Potato, Salt, Raising Agents: E450, E500; Stabiliser: E464, Wheat Starch, Sugar, Emulsifiers: E472e, E471; Dextrose, Natural Flavour, Maltodextrin, Wheat Gluten, Flour Improvers: E300, E920; Acetic Acid, Yeast, Yeast Extract, Onion Powder, Carrot Extract, Citric Acid, Parsley, Turmeric.
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	12
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Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	820 kJ
Energy (Kilocalories)	196 kcal
Fat, Total	9.8 g
Saturated	1.4 g
Carbohydrate	23.9 g
Sugars	1.4 g
Dietary Fibre, Total	1.8 g
Protein, Total	3 g
Salt	0.76 g
Sodium	300 mg

Allergens

Cereals containing Gluten (and products thereof)	Contains
Wheat (as an ingredient)	Contains
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	No
Suitable for Vegetarian	Yes
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	None
Does any other assurance scheme apply to this product?	No assurance scheme

Preparation Suggestions

Is the product ready to eat?	n/a
Reconstitution Instructions	none
Oven	Pre-heat oven to 200oC/400oF/Gas Mark 6. Place nuggets onto tray and bake for 12 - 14 minutes turning halfway through cooking, or until crisp and golden
Oven From Frozen	n/a
Microwave Instructions	n/a
Fry	Pre-heat oil to 180oC/350oF. Deep fry in oil for 3 minutes or until crisp and golden. Drain well before servingn/an/a
Grill	n/a
Other	N/An/an/a

Packaging

Do you have any packaging environmental claims?

No environmental packaging claim