

11654 | Fletchers | 8-800g

## Fletchers Medium Sliced Wholemeal Bread

Soft wholemeal medium sliced bread. Great for sandwiches, hot and cold fillings or for toasting

Document published: 10 Oct 2020, 03:35:48 PM

**Disclaimer: As we do not manufacture we warrant only that we will transmit accurately product data (ingredient and allergen) as are received by us from the manufacturer/supplier of such product. By accepting product and image information you agree to obtain our written permission before you transmit such product data or images outside your business. You agree to check for updates and refer to the packaging at all times because product data change regularly. You must not alter the product data or images. If despite this you choose to do so we will not be responsible.**



### Description

Unique Marketing Statement	Soft wholemeal medium sliced bread. Great for sandwiches, hot and cold fillings or for toasting
Brand Name	Fletchers
Country of Origin	United Kingdom

### Ingredients

Ingredients	Wholemeal Wheat Flour, Water, Salt, Emulsifiers: E471, E472e; Palm Oil, Yeast, Spirit Vinegar, Soya Flour, Preservative: E282; Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Flour Treatment Agent: E300.
Is the product made from at least 65% British ingredients?	Yes
Contains GM Ingredients	No

### Nutrition

Servings per Consumer Unit (Inner)	21
Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	916 kJ
Energy (Kilocalories)	219 kcal
Fat, Total	2.5 g
Saturated	0.7 g
Carbohydrate	38.9 g
Sugars	2.7 g
Dietary Fibre, Total	5.3 g
Protein, Total	10.3 g
Salt	0.8 g
Sodium	320 mg

### Allergens

Cereals containing Gluten (and products thereof)	Contains
Wheat (as an ingredient)	Contains
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Contains
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	May Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

## Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	Yes
Suitable for Vegetarian	Yes
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	none
Does any other assurance scheme apply to this product?	No assurance scheme

## Preparation Suggestions

Is the product ready to eat?	Ready to eat after fully defrosted then use within 2 days
Reconstitution Instructions	Defrost before use
Grill	Defrost fully and place under grill for a few minutes for toast

## Packaging

Do you have any packaging environmental claims?	Recyclable outer case
---	-----------------------