

14514 | Tilda | 1-15Kg

Tilda Easy Cook Long Grain Rice

The great all-rounder with excellent holding and regenerating properties. The easy cook process means that all the nutrition is kept locked in. Great for use in stir fries or one-pot meals.

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Description

Unique Marketing Statement	The great all-rounder with excellent holding and regenerating properties. The easy cook process means that all the nutrition is kept locked in. Great for use in stir fries or one-pot meals.
Brand Name	Tilda
Country of Origin	USA, Uruguay, Argentina (packed in the UK)

Ingredients

Ingredients	Parboiled Long Grain Rice
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	300
Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	1473 kJ
Energy (Kilocalories)	352 kcal
Fat, Total	1 g
Saturated	0.2 g
Carbohydrate	77 g
Sugars	0.6 g
Dietary Fibre, Total	1.7 g
Protein, Total	8 g
Salt	0.025 g
Sodium	10 mg

Allergens

Cereals containing Gluten (and products thereof)	Does NOT Contain
Wheat (as an ingredient)	Does NOT Contain
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	Yes
Suitable for Vegetarian	Yes
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	None
Does any other assurance scheme apply to this product?	Other

Preparation Suggestions

Is the product ready to eat?	NA
Reconstitution Instructions	Add rice to boiling water, simmer for 15 - 20 minutes
Oven	NA
Oven From Frozen	NA
Microwave Instructions	NA
Fry	NANAStir Fry from previously cooked rice
Grill	NA
Other	As per on pack directionsNAAs per pack instructions

Packaging

Do you have any packaging environmental claims?

No environmental packaging claim