

26385 | Freshers | 500g

Freshers Low Fat Cocoa Powder

Ideal for drinking and cooking purposes. Reduced fat content.

Document published: 10 Oct 2020, 06:01:32 PM

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Description

Unique Marketing Statement	Ideal for drinking and cooking purposes. Reduced fat content.
Brand Name	Freshers
Country of Origin	Ghana, Ivory Coast, Guinea, Togo, Nigeria, Cameroon, Sierra Leone, Congo, Uganda, Tanzania, Peru, Ecuador, Indonesia, Malaysia.

Ingredients

Ingredients	Fat Reduced Cocoa Powder. Contains Cocoa Butter 10% Minimum
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	100
Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	1322 kJ
Energy (Kilocalories)	316 kcal
Fat, Total	11 g
Saturated	6.6 g
Carbohydrate	16.5 g
Sugars	0.7 g
Dietary Fibre, Total	34.3 g
Protein, Total	22.5 g
Salt	0.02 g
Sodium	8.1 mg

Allergens

Cereals containing Gluten (and products thereof)	Does NOT Contain
Wheat (as an ingredient)	Does NOT Contain
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	Yes
Suitable for Vegetarian	Yes
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	None
Does any other assurance scheme apply to this product?	No assurance scheme

Preparation Suggestions

Is the product ready to eat?	Use 1 teaspoon of Freshers Reduced Fat Cocoa Powder for one cup of cocoa. Mix the Cocoa Powder with some of the milk into the cup till smooth and creamy. Heat the remainder of the milk in a saucepan until boiling, then pour into mug and stir. Sweeten to taste if required.
Oven	For Cooking: Freshers Fat Reduced Cocoa Powder is ideal for baking just use according to individual recipe requirements
Oven From Frozen	NA
Microwave Instructions	NA
Fry	NANANA
Grill	NA
Other	NANANA

Packaging

Do you have any packaging environmental claims?

No environmental packaging claim