

30342 | Everyday Favourites | 1kg

## Everyday Favourites Italian Arborio Risotto Rice

Arborio is traditionally used for risotto because during the cooking process some of the starch from the rice is released and creates the desired creaminess



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### Description

Legal Product Name	Italian Arborio Rice
Unique Marketing Statement	Arborio is traditionally used for risotto because during the cooking process some of the starch from the rice is released and creates the desired creaminess
Brand Name	Everyday Favourites
Country of Origin	Italy

### Ingredients

Ingredients	Italian Arborio Rice
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

### Nutrition

Servings per Consumer Unit (Inner)	20
Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	1490 kJ
Energy (Kilocalories)	351 kcal
Fat, Total	1.3 g
Saturated	0.420 g
Carbohydrate	77.0 g
Sugars	0.3 g
Dietary Fibre, Total	1.9 g
Protein, Total	6.9 g
Salt	0.002 g
Sodium	0.67 mg

### Allergens

Cereals containing Gluten (and products thereof)	Does NOT Contain
Wheat (as an ingredient)	Does NOT Contain
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

## Dietary Information

Halal Certified	No
Kosher Certified	Yes
Suitable for Vegan	Yes
Suitable for Vegetarian	Yes
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	Sedex Members Ethical Trade Audit (SMETA)
Can any other sustainability claims be made for this product?	NO
Does any other assurance scheme apply to this product?	No assurance scheme

## Preparation Suggestions

Is the product ready to eat?	No
Reconstitution Instructions	N/A
Defrosting Instructions	N/A
Oven	N/A
Oven From Frozen	N/A
Microwave Instructions	N/A
Microwave Instructions From Frozen	N/A
Fry	N/A
Fry From Frozen	N/A
Grill	N/A
Grill From Frozen	N/A
Other	Cooking Instructions Hob – Low heat – 15-17 mins 75g rice requires approx. 225ml of water or stock for cooking. To prepare 1kg of rice, melt 50g of butter into a large pan. Add rice and fry for a few minutes, stirring continuously. Slowly add 3 litres of hot water or stock (in 500ml additions), stirring continuously between each addition, until all the stock or water has been absorbed. More stock can be added if necessary.
Other From Frozen	N/A

## Packaging

Do you have any packaging environmental claims?	NO
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