

34996 | Kepak | 8-340g

British Lamb Shank with Mint Gravy

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Description

Brand Name	Kepak
Country of Origin	United Kingdom

Ingredients

Ingredients	Lamb Shank (88%), Mint Gravy (12%) (Water, White Wine Vinegar, Sugar, Lamb Stock (Lamb Stock (Lamb Bone, Lamb Meat, Lamb Fat)), Carrot Juice, Salt, Dried Onion, Antioxidant (Rosemary Extract)), Cornflour, Tomato Puree, Mint, Garlic Puree, Caramelised Sugar Syrup, Salt, Thyme, Rosemary, Mint Flavouring, Ground Black Pepper)
Is the product made from at least 65% British ingredients?	Yes
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	1
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Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	879 kJ
Energy (Kilocalories)	210 kcal
Fat, Total	11.8 g
Saturated	4.8 g
Carbohydrate	2.8 g
Sugars	1.6 g
Dietary Fibre, Total	0.1 g
Protein, Total	23.2 g
Salt	0.5 g
Sodium	200 mg

Allergens

Cereals containing Gluten (and products thereof)	Does NOT Contain
Wheat (as an ingredient)	Does NOT Contain
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	No
Suitable for Vegetarian	No
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	SEDEX registered
Can any other sustainability claims be made for this product?	None
Does any other assurance scheme apply to this product?	No assurance scheme

Preparation Suggestions

Is the product ready to eat?	NA
Reconstitution Instructions	NA
Oven	NA
Oven From Frozen	NA
Microwave Instructions	NA
Fry	NAREheat product until core temperature of the meat exceeds 75°C. Ensure the product is piping hot before serving.NA
Grill	NA
Other	NAREheat product until core temperature of the meat exceeds 75°C. Ensure the product is piping hot before serving.NA

Packaging

Do you have any packaging environmental claims?

No environmental packaging claim