

41111 | GARDEN GOURMET | 2Kg

Garden Gourmet Vegan Mince

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Description

Legal Product Name	Garden Gourmet Mince 2x2kg GB
Brand Name	GARDEN GOURMET
Country of Origin	Nestle Israel

Ingredients

Ingredients	Rehydrated Soya Flour (91%), Rapeseed Oil, Rehydrated Wheat Protein (2.2%), Malt Extract (Barley), Yeast Extract, Onion Powder, Garlic Powder, Spices, Salt, Dried Fried Onions (Onions, Rapeseed Oil), Flavouring
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	26
Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	632 kJ
Energy (Kilocalories)	151 kcal
Fat, Total	3 g
Saturated	0.4 g
Carbohydrate	7 g
Sugars	4 g
Dietary Fibre, Total	8 g
Protein, Total	20 g
Salt	0.41 g
Sodium	160 mg

Allergens

Cereals containing Gluten (and products thereof)	Contains
Wheat (as an ingredient)	Contains
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Contains
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	May Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Contains
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	May Contain
Mustard (and products thereof)	May Contain
Sesame Seeds and Sesame Seed Products	May Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	Yes
Suitable for Vegetarian	Yes
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	None
Does any other assurance scheme apply to this product?	No assurance scheme

Preparation Suggestions

Is the product ready to eat?	No
Oven	No
Oven From Frozen	No
Microwave Instructions	No
Fry	0To cook on the Hob (with oil): Pre-heat 2 spoons of oil in a non stick pan, over low heat. Fry for 5 minutes, stirring occasionally0
Grill	No
Other	0To cook on the Hob (with oil): Pre-heat 2 spoons of oil in a non stick pan, over low heat. Fry for 5 minutes, stirring occasionally0

Packaging

Do you have any packaging environmental claims?

No environmental packaging claim