

43569 | Quorn | 8-252G

QUORN VEGAN FILLET 8x252g

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Description

Brand Name	Quorn
Country of Origin	UK

Ingredients

Ingredients	Mycoprotein (88%), Potato Protein, Pea Fibre, Firming Agents: Calcium Chloride, Calcium Acetate; Natural Flavouring, Wheat Gluten, Stabilisers: Carrageenan, Sodium Alginate.
Is the product made from at least 65% British ingredients?	Yes
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	4
Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	385 kJ
Energy (Kilocalories)	92 kcal
Fat, Total	0.6 g
Saturated	0.2 g
Carbohydrate	3.5 g
Sugars	0.5 g
Dietary Fibre, Total	7.8 g
Protein, Total	14.2 g
Salt	0.57 g
Sodium	225 mg

Allergens

Cereals containing Gluten (and products thereof)	Contains
Wheat (as an ingredient)	Contains
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	Yes
Suitable for Vegetarian	Yes
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	SEDEX registered
Can any other sustainability claims be made for this product?	None
Does any other assurance scheme apply to this product?	No assurance scheme

Preparation Suggestions

Is the product ready to eat?	N/A
Oven	N/A
Oven From Frozen	N/A
Microwave Instructions	N/A
Fry	N/AQuorn Vegan Fillets are so convenient, simply heat your sauce then add the Quorn Vegan Fillets. Stir, cover and simmer for 12 minutes. Stir occasionally.N/A
Grill	N/A
Other	N/AQuorn Vegan Fillets are so convenient, simply heat your sauce then add the Quorn Vegan Fillets. Stir, cover and simmer for 12 minutes. Stir occasionally.N/A

Packaging

Do you have any packaging environmental claims?

No environmental packaging claim