

45954 | KTC | 1Ltr

## KTC Extended Life Rapeseed oil

A good all-round extended life frying oil suitable for most applications and food types, and low in saturates

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### Description

Unique Marketing Statement	A good all-round extended life frying oil suitable for most applications and food types, and low in saturates
Brand Name	KTC
Country of Origin	United Kingdom

### Ingredients

Ingredients	Rapeseed oil, with anti-foaming agent dimethyl polysiloxane
Is the product made from at least 65% British ingredients?	Yes
Contains GM Ingredients	No

### Nutrition

Servings per Consumer Unit (Inner)	10
Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	3761 kJ
Energy (Kilocalories)	899 kcal
Fat, Total	99.9 g
Saturated	6.6 g
Carbohydrate	0 g
Sugars	0 g
Dietary Fibre, Total	0 g
Protein, Total	0 g
Salt	0 g
Sodium	1 mg

### Allergens

Cereals containing Gluten (and products thereof)	Does NOT Contain
Wheat (as an ingredient)	Does NOT Contain
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

## Dietary Information

Halal Certified	Yes
Kosher Certified	Yes
Suitable for Vegan	Yes
Suitable for Vegetarian	Yes
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	None
Does any other assurance scheme apply to this product?	No assurance scheme

## Preparation Suggestions

Is the product ready to eat?	No
Oven	No
Oven From Frozen	Can be used for roasting vegetables and potatoes.
Microwave Instructions	No
Fry	Deep Fry - for most frozen food - 190°C / 375°F. Deep Fry - for fresh fish and chips - 180°C / 350°F. Shallow Frying - put a few spoons of rapeseed oil into a frying pan, apply heat and fry the food, turning regularly - 180-190°C / 350-375°F. Can be used for stir-frying (a few drops of toasted sesame oil can also be added for extra flavour).
Grill	Grilling - Apply the oil to food with a good quality pastry or silicone brush and grill, turning regularly.
Other	No Shallow Frying - put a few spoons of rapeseed oil into a frying pan, apply heat and fry the food, turning regularly - 180-190°C / 350-375°F. No

## Packaging

Do you have any packaging environmental claims?	Recycled content and recyclable
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