

46104 | Nature Valley | 12-40g

Nature Valley Peanut & Chocolate Protein Bar

Protein Peanut & Chocolate bar, containing 20% of your daily protein needs. This gluten-free better for you snack has 40g of carefully selected ingredients, like wholesome natural peanuts, tempting chocolate and luscious peanut butter, making it a great on-the-go snack for your next adventure.



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Description

Unique Marketing Statement	Protein Peanut & Chocolate bar, containing 20% of your daily protein needs. This gluten-free better for you snack has 40g of carefully selected ingredients, like wholesome natural peanuts, tempting chocolate and luscious peanut butter, making it a great on-the-go snack for your next adventure.
Brand Name	Nature Valley
Country of Origin	Spain

Ingredients

Ingredients	Roasted peanuts (39%), chicory root extract, isolated soy protein, chocolate pieces (8%) (sugar, cocoa mass, cocoa butter, emulsifier: soy lecithin), sugar, palm fat, whey solids (milk), sunflower oil, fructose, glucose syrup, peanut butter (2%), fat reduced cocoa powder, tapioca starch, humectant: glycerol; salt, emulsifiers: sunflower and soy lecithin; natural flavourings, maltodextrin.
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	12
Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	2071 kJ
Energy (Kilocalories)	495 kcal
Fat, Total	30 g
Saturated	8.8 g
Carbohydrate	23.9 g
Sugars	15.5 g
Dietary Fibre, Total	13.5 g
Protein, Total	25.5 g
Salt	0.97 g
Sodium	388 mg

Allergens

Cereals containing Gluten (and products thereof)	Does NOT Contain
Wheat (as an ingredient)	Does NOT Contain
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Contains
Soybean and Soybean Products	Contains
Milk and Milk Products	Contains
Tree Nuts (and products thereof)	May Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	No
Suitable for Vegetarian	Yes
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	none
Does any other assurance scheme apply to this product?	No assurance scheme

Preparation Suggestions

Is the product ready to eat?	Ready to eat.
Oven	
Oven From Frozen	
Microwave Instructions	
Fry	
Grill	
Other	

Packaging

Do you have any packaging environmental claims?

No environmental packaging claim