

53324 | Everyday Favourites | 1-5Kg

Everyday Favourites Easy Cook Long Grain Rice

Steamed under pressure before milling, reducing the possibility of over-cooking. Also helps to retain much of the natural vitamin and mineral content

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Description

Legal Product Name	Easy Cook Long Grain Rice.
Unique Marketing Statement	Steamed under pressure before milling, reducing the possibility of over-cooking. Also helps to retain much of the natural vitamin and mineral content
Brand Name	Everyday favourites
Country of Origin	United Kingdom

Ingredients

Ingredients	Easy Cook Long Grain Rice
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	100	
Nutrients		Quantity per 100g/ml
Energy (Kilojoules)		1526 kJ
Energy (Kilocalories)		360 kcal
Fat, Total		2.2 g
Saturated		0.600 g
Carbohydrate		77.1 g
Sugars		0.4 g
Dietary Fibre, Total		1 g
Protein, Total		7.4 g
Salt		0.03 g
Sodium		10 mg

Allergens

Cereals containing Gluten (and products thereof)	Does NOT Contain
Wheat (as an ingredient)	Does NOT Contain
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	No
Kosher Certified	Yes
Suitable for Vegan	Yes
Suitable for Vegetarian	Yes
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	SEDEX registered
Does any other assurance scheme apply to this product?	No assurance scheme

Preparation Suggestions

Is the product ready to eat?	NO
Reconstitution Instructions	N/A
Defrosting Instructions	N/A
Other	Boil - High heat, reducing down to low 15 - 17 mins. Bring a large, uncovered pan of cold water to the boil. Add 50 - 75g of rice per person and return water to the boil. Reduce heat and simmer for time stated above until cooked. Drain through a sieve and serve.

Packaging

Do you have any packaging environmental claims?	no
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