

54829 | Golden Valley Foods | 10-184g

Golden Valley Luxury Boneless Chicken Kiev

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Description

Brand Name	Golden Valley Foods
Country of Origin	Hungary

Ingredients

Ingredients	Chicken Breast Fillet (66%), Water, Salt, Glucose Syrup, Poultry Protein Hydrolysate, Stabiliser: E450, Dextrose, Flavourings, Antioxidant: E301, Lemon Powder. Coating: Breadcrumbs (WHEAT Flour, Yeast, Salt, Parsley), WHEAT Flour, Vegetable Oil (Sunflower, Rapeseed), Modified Starch, Salt, Garlic & Herb Butter (12%) (Butter (MILK), Garlic, Parsley, Salt).
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	10
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Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	778 kJ
Energy (Kilocalories)	186 kcal
Fat, Total	9.8 g
Saturated	2.5 g
Carbohydrate	5.9 g
Sugars	1 g
Dietary Fibre, Total	1.1 g
Protein, Total	18 g
Salt	1.6 g
Sodium	640 mg

Allergens

Cereals containing Gluten (and products thereof)	Contains
Wheat (as an ingredient)	Contains
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	May Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	May Contain
Milk and Milk Products	Contains
Tree Nuts (and products thereof)	Does NOT Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	May Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	No
Suitable for Vegetarian	No
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	None
Does any other assurance scheme apply to this product?	No assurance scheme

Preparation Suggestions

Reconstitution Instructions	N/A
Oven	BAKE FROM FROZEN PREHEAT OVEN TO 200°C AND COOK FOR 30-35 MINUTES
Fry	FRY FROM FROZEN HEAT OIL TO 180°C AND FRY FOR 6-8 MINUTES
Grill	Pre-heat grill to 200C for 10-12 mins

Packaging

Do you have any packaging environmental claims?	No environmental packaging claim
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