

60133 | Curtis | 12-100g

Snacking Essentials Fruit Nut & Seed Mix

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Description

Brand Name	Curtis
Country of Origin	United Kingdom

Ingredients

Ingredients	Flame raisins (25%) (Raisins, Sunflower oil), PEANUTS (20%), Sunflower seeds (20%), Pumpkin seeds (15%), Dried sweetened cranberries (7.5%) (Sugar, Cranberries, Sunflower oil), HAZELNUTS (7.5%), ALMONDS (5%).
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	16
Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	2105 kJ
Energy (Kilocalories)	503 kcal
Fat, Total	33.7 g
Saturated	4.5 g
Carbohydrate	31 g
Sugars	24.7 g
Dietary Fibre, Total	5.1 g
Protein, Total	16.3 g
Salt	0.047 g
Sodium	18.67 mg

Allergens

Cereals containing Gluten (and products thereof)	May Contain
Wheat (as an ingredient)	Does NOT Contain
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Contains
Soybean and Soybean Products	May Contain
Milk and Milk Products	May Contain
Tree Nuts (and products thereof)	Contains
Almonds (as an ingredient)	Contains
Hazelnuts (as an ingredient)	Contains
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	May Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	No
Suitable for Vegetarian	Yes
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	None
Does any other assurance scheme apply to this product?	No assurance scheme

Preparation Suggestions

Is the product ready to eat?	Ready to Eat
Reconstitution Instructions	N/A
Oven	N/A
Oven From Frozen	N/A
Microwave Instructions	N/A
Fry	N/AN/AN/A
Grill	N/A
Other	N/AN/AN/A

Packaging

Do you have any packaging environmental claims?

No environmental packaging claim