

60587 | The Real Soup Company | 6-380g

The Real Soup Co. Carrot & Coriander Soup

A deep carrot flavoured soup enhanced with coriander

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Description

Unique Marketing Statement	A deep carrot flavoured soup enhanced with coriander
Brand Name	The Real Soup Company
Country of Origin	UK

Ingredients

Ingredients	Water, Carrot (38%), Onion (10%), Whipping Cream (Milk), Rapeseed Oil, Vegetable Stock (Vegetable Stock (Water, Onion, Carrot Extract, Tomato, Herbs, Garlic, Spice), Salt, Glucose Syrup, Maltodextrin, Yeast Extracts, Sugar, Flavourings, Rapeseed Oil), Cornflour, Coriander (0.4%), Sugar, Yeast Extract, Concentrated Orange Juice, White Pepper
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	1
Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	226 kJ
Energy (Kilocalories)	54 kcal
Fat, Total	2.9 g
Saturated	1.7 g
Carbohydrate	5.3 g
Sugars	3.2 g
Dietary Fibre, Total	1 g
Protein, Total	1.2 g
Salt	0.443 g
Sodium	177 mg

Allergens

Cereals containing Gluten (and products thereof)	Does NOT Contain
Wheat (as an ingredient)	Does NOT Contain
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Contains
Tree Nuts (and products thereof)	Does NOT Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	No
Suitable for Vegetarian	Yes
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	CQUIN
Does any other assurance scheme apply to this product?	No assurance scheme

Preparation Suggestions

Is the product ready to eat?	N/A
Reconstitution Instructions	N/A
Oven	NA
Oven From Frozen	NA
Microwave Instructions	Before Cooking: Shake well. Break tab on rim of lid and loosen. Place on microwavable plate. Heat on full power for 2 minutes (750w). Stir and recover. Heat for a further 2 minutes. After cooking: Stir and leave to stand for 1 minute. Ensure product is thoroughly heated before serving. Do not reheat. All cooking appliances vary. This is a guide only.
Fry	NANANA
Grill	NA
Other	Before Cooking: Shake well. Break tab on rim of lid and lift off. Empty contents into saucepan. Heat gently until hot, stirring occasionally. Bring to the boil. After Cooking: Stir before serving. Ensure product is thoroughly heated before serving. Do not reheat. This is a guide only.NANA

Packaging

Do you have any packaging environmental claims?	No environmental packaging claim
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