

60754 | Everyday Favourites | 8-500g

Everyday Favourites Filo Pastry Sheets

Frozen filo pastry sheets. Thaw and use for savoury recipes like bundles, filo pies or sweet recipes like baklava.

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Description

Legal Product Name	All Vegetable Filo Pastry
Unique Marketing Statement	Frozen filo pastry sheets. Thaw and use for savoury recipes like bundles, filo pies or sweet recipes like baklava.
Brand Name	Everyday Favourites
Country of Origin	UK

Ingredients

Ingredients	Fortified Wheat flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sunflower Oil, Salt, Maize Starch, Wheat starch.
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	9
Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	1316 kJ
Energy (Kilocalories)	311 kcal
	4.3 g
	0.7 g
Carbohydrate	59.6 g
Sugars	0.4 g
Dietary Fibre, Total	3.1 g
Protein, Total	7 g
Salt	0.75 g
Sodium	310 mg

Allergens

Cereals containing Gluten (and products thereof)	Contains
Wheat (as an ingredient)	Contains
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	Yes
Suitable for Vegetarian	Yes
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	No
Does any other assurance scheme apply to this product?	No assurance scheme

Preparation Suggestions

Is the product ready to eat?	No
Reconstitution Instructions	Defrost at chill (0-8C) for 24 hours. Allow pastry to sit at room temperature for 2 hours before using. Do not remove filo from its plastic bag until ready to use. Filo pastry should be cooked following instructions in your recipe
Defrosting Instructions	Defrost at chill (0-8C) for 24 hours

Packaging

Do you have any packaging environmental claims?	No
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