

68031 | Eat Real | 12-40g

## Eat Real Chilli Lemon Lentil Chips

Our Eat Real Lentil Chips are gluten free, vegan friendly and contain 40% less fat than regular potato crisps and they taste great. The products is also free from all 14 declarable allergens

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### Description

Unique Marketing Statement	Our Eat Real Lentil Chips are gluten free, vegan friendly and contain 40% less fat than regular potato crisps and they taste great. The products is also free from all 14 declarable allergens
Brand Name	Eat Real
Country of Origin	United Kingdom

### Ingredients

Ingredients	Lentil Flour (48%), Potato Starch, Vegetable Oil (Rapeseed), Salt, Chilli & Lemon Seasoning (3%) (Salt, Rice Flour, Spices (Including Chilli), Yeast Extract Powder, Garlic Powder, Onion Powder, Citric Acid, Natural Flavourings, Lemon Juice Powder (1%) (Maltodextrin From IP Maize, Lemon Juice), Natural Colour: Paprika, Sugar
Is the product made from at least 65% British ingredients?	Yes
Contains GM Ingredients	No

### Nutrition

Servings per Consumer Unit (Inner)	12
Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	1950 kJ
Energy (Kilocalories)	466 kcal
Fat, Total	19.5 g
Saturated	1.4 g
Carbohydrate	66 g
Sugars	2.2 g
Dietary Fibre, Total	3.2 g
Protein, Total	9.3 g
Salt	2.8 g
Sodium	1120 mg

### Allergens

Cereals containing Gluten (and products thereof)	Does NOT Contain
Wheat (as an ingredient)	Does NOT Contain
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

## Dietary Information

Halal Certified	No
Kosher Certified	Yes
Suitable for Vegan	Yes
Suitable for Vegetarian	Yes
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	None
Does any other assurance scheme apply to this product?	No assurance scheme

## Preparation Suggestions

Is the product ready to eat?	Ready to Eat
Oven	No
Oven From Frozen	No
Microwave Instructions	No
Fry	000
Grill	No
Other	000

## Packaging

Do you have any packaging environmental claims?

No environmental packaging claim