

70114 | Whitby Seafoods | 450g

## Whitby Bangali Spiced King Prawns

Succulent bangali spiced marinated king prawns in a crisp breadcrumb coating

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### Description

Unique Marketing Statement	Succulent bangali spiced marinated king prawns in a crisp breadcrumb coating
Brand Name	Whitby Seafoods
Country of Origin	United Kingdom of Great Britain and Northern Ireland (the) - GB - GBR - 826

### Ingredients

Ingredients	38% King Prawns (CRUSTACEANS), Water, Breadcrumbs (Fortified WHEAT Flour [WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Yeast, Salt, Coriander Leaf, Parsley, Ground Cumin, Black Pepper, Black Onion Seed), Batter (Water, Fortified WHEAT Flour [WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Salt), Stabilisers; Diphosphates, Triphosphates, Sugar, Salt, Ground Mixed Spices (Cumin, Fennel, Fenugreek, Cayenne Chilli, Black Pepper), Onion Powder, Dried Red Peppers, Dried Garlic, Dried Parsley, Spice Extracts (Paprika Extract, Turmeric Extract).
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

### Nutrition

Servings per Consumer Unit (Inner)	4
Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	552 kJ
Energy (Kilocalories)	132 kcal
Fat, Total	1.3 g
Saturated	0.2 g
Carbohydrate	19.8 g
Sugars	0.4 g
Dietary Fibre, Total	0.6 g
Protein, Total	10 g
Salt	0.93 g
Sodium	372 mg

### Allergens

Cereals containing Gluten (and products thereof)	Contains
Wheat (as an ingredient)	Contains
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Contains
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	May Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	May Contain

## Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	No
Suitable for Vegetarian	No
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	None
Does any other assurance scheme apply to this product?	No assurance scheme

## Preparation Suggestions

Is the product ready to eat?	No
Oven	No
Oven From Frozen	No
Microwave Instructions	No
Fry	Remove all packaging and place the coated prawns into hot oil (180°C). Cook from frozen for 4 minutes until crisp and golden. Drain on kitchen paper before serving. Scoff before someone else does00
Grill	No
Other	000

# Packaging

Do you have any packaging environmental claims?

Recycled content and recyclable