

85242 | Quorn | 2Kg

Quorn Burger 50g

Document published: 05 Sep 2020, 12:03:49 AM

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Description

Brand Name	Quorn
Country of Origin	UK

Ingredients

Ingredients	Mycoprotein (44%), Rehydrated Free Range Egg White, Textured Wheat Protein [Wheat Flour (contains added Calcium, Iron, Niacin & Thiamine), Colour: Caramel; Stabiliser: Sodium Alginate], Onion, Milk Proteins, Flavouring (contains Potassium Chloride), Rapeseed Oil, Tapioca Starch, Firming Agents: Calcium Chloride, Calcium Acetate; Roasted Barley Malt Extract.
Is the product made from at least 65% British ingredients?	Yes
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	40
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Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	439 kJ
Energy (Kilocalories)	105 kcal
Fat, Total	2.8 g
Saturated	1 g
Carbohydrate	4 g
Sugars	1 g
Dietary Fibre, Total	4 g
Protein, Total	16 g
Salt	0.8 g
Sodium	320 mg

Allergens

Cereals containing Gluten (and products thereof)	Contains
Wheat (as an ingredient)	Contains
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Contains
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Contains
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Contains
Tree Nuts (and products thereof)	Does NOT Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	Yes
Kosher Certified	No
Suitable for Vegan	No
Suitable for Vegetarian	Yes
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	None
Does any other assurance scheme apply to this product?	Free Range

Preparation Suggestions

Is the product ready to eat?	None
Reconstitution Instructions	N/A
Oven	None
Oven From Frozen	Preheat oven & baking tray to 200°C/ 400°F/Gas Mark 6. Brush Quorn Burgers with a little oil and cook for 13 minutes. For fan assisted ovens reduce cooking time by 2 minutes
Microwave Instructions	None
Fry	NonePreheat 1 tbsp of oil, cook Quorn Burgers on a medium heat for 8 minutes, turning frequentlyNone
Grill	Preheat grill to a medium setting, brush the Quorn Burgers with a little oil and cook for 7 minutes, turning frequently
Other	NonePreheat 1 tbsp of oil, cook Quorn Burgers on a medium heat for 8 minutes, turning frequentlyNone

Packaging

Do you have any packaging environmental claims?	No environmental packaging claim
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