

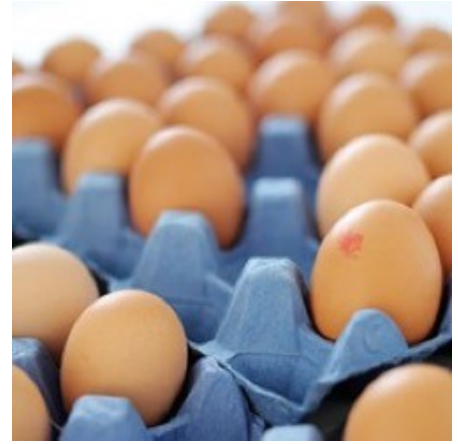
86245 | Everyday Favourites | 1-360pk

## Everyday Favourites Medium Fresh Eggs

'These fresh lion quality eggs have been laid on farms to high environmental and welfare standards and the hens enjoy a cereal based diet

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### Description

Unique Marketing Statement	'These fresh lion quality eggs have been laid on farms to high environmental and welfare standards and the hens enjoy a cereal based diet
Brand Name	Everyday Favourites
Country of Origin	United Kingdom

### Ingredients

Ingredients	Hens Eggs
Is the product made from at least 65% British ingredients?	Yes
Contains GM Ingredients	No

### Nutrition

Servings per Consumer Unit (Inner)	360
Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	547 kJ
Energy (Kilocalories)	131 kcal
Fat, Total	9 g
Saturated	2.52 g
Carbohydrate	0 g
Sugars	0 g
Dietary Fibre, Total	0 g
Protein, Total	12.6 g
Salt	0.391 g
Sodium	154 mg

### Allergens

Cereals containing Gluten (and products thereof)	Does NOT Contain
Wheat (as an ingredient)	Does NOT Contain
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Contains
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

## Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	No
Suitable for Vegetarian	Yes
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	None
Does any other assurance scheme apply to this product?	Lion Quality

## Preparation Suggestions

Is the product ready to eat?	Dependant on cooking method.
Reconstitution Instructions	none
Oven	No
Oven From Frozen	No
Microwave Instructions	No
Fry	0Crack egg into pan and shallow fry for 2-3 minutes0
Grill	No
Other	Put into a pan of boiling water for 3-4 minutes to soft boilCrack egg into pan and shallow fry for 2-3 minutes0

## Packaging

Do you have any packaging environmental claims?

Contains Recycled Content and Recyclable