

99097 | Becketts | 1-8Kg

Farmstead Gammon Joint 8Kg Min Weight

Boil or Roast to produce a lean, succulent and tasty cooked gammon serve hot or cold full of flavour and texture

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Description

Unique Marketing Statement	Boil or Roast to produce a lean, succulent and tasty cooked gammon serve hot or cold full of flavour and texture
Brand Name	Becketts
Country of Origin	EJ

Ingredients

Ingredients	Pork (87%), Water, Salt, Dextrose, Sodium Nitrite, Potassium Nitrate, Sodium Ascorbate.
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	40
Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	586 kJ
Energy (Kilocalories)	105 kcal
Fat, Total	3 g
Saturated	1 g
Carbohydrate	0.1 g
Sugars	0.1 g
Dietary Fibre, Total	0.7 g
Protein, Total	18 g
Salt	2.9 g
Sodium	1020 mg

Allergens

Cereals containing Gluten (and products thereof)	Does NOT Contain
Wheat (as an ingredient)	Does NOT Contain
Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	No
Suitable for Vegetarian	No
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	none
Does any other assurance scheme apply to this product?	No assurance scheme

Preparation Suggestions

Is the product ready to eat?	No
Reconstitution Instructions	N/A
Oven	No
Oven From Frozen	1900C/3750C/Gas Mark 5. 65 minutes per kg. Roast in foil for time stated above. Uncover, baste and roast for a further 30 minutes. Allow to stand for 5 minutes before carving.
Microwave Instructions	No
Fry	000
Grill	No
Other	Product requires cooking. Remove all packaging before cooking. To Boil:allow 20minutes per 450g (1lb) plus 20mins. Place the joint in a large pan and cover with cold water and simmer for the calculated cooking time.Ensure the product is cooked thoroughly.00

Packaging

Do you have any packaging environmental claims?	No environmental packaging claim
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